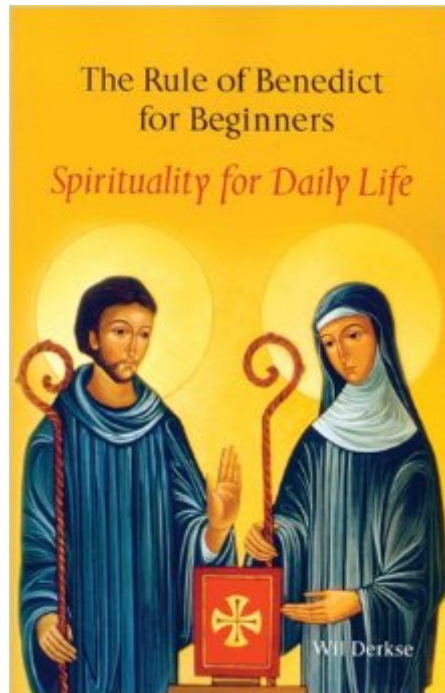


The book was found

# The Rule Of Benedict For Beginners: Spirituality For Daily Life



## Synopsis

Benedictine spirituality is simple and down to earth. Not only does the Benedictine lifestyle fit well within the walls of the monastery, its interpretation of life is also suitable to other forms of society. In *The Rule of Benedict for Beginners*, Wil Derkse reveals how elements from Benedictine spirituality and the Benedictine lifestyle may be fruitful outside the monastery to strengthen the quality of societal living and working. *The Rule of Benedict for Beginners* is a useful source of life orientation and lifestyle for those interested in living by the Rule. It applies the monastic vows to life within organizations and examines the valuable elements of Benedictine leadership and Benedictine time management. Chapter one sketches Derkse's own acquaintance with the Benedictine lifestyle. Chapter two examines the basic patterns of Benedictine spirituality in order to translate these patterns into nonmonastic contexts. Inspired leadership, listening decision-making, fruitfully prospering human resources, and sensible time management are themes in the remaining chapters. Chapters in Part I: A First Acquaintance with Benedictine Spirituality are a lesson from the Imagery of Hildegard's Abbey in Eibingen, "What I Learned Through My Own Acquaintance with Benedictine Life," and "Growing Toward the Oblature." Chapters in Part II: Basic Patterns of Benedictine Spirituality and First Translation to Nonmonastic Contexts are "The Benedictine Way of Life: Listening Attentively to Gain Results," "The Benedictine Vows: Directed Toward Growth and Liberation," and "Additional Aspects of the Benedictine Art of Listening." Chapters in Part III: Benedictine Leadership: Stimulating People Toward Growth are "Leadership Demands a Special Talent for Listening," "The Person of the Abbot," and "The Person of the Cellarer: 'A Man For all Seasons.'" Chapters in Part IV: Benedictine Time Management: A Full Agenda, But Never Busy are "Living a Wholesome Rhythm," and "Bearing Fruit in Season." Wil Derkse is an oblate of the Benedictine St. Willibrord's Abbey in Doetinchem, the Netherlands. He occupies the Andreas van Melsen Chair in Science, Society and Worldviews at the Catholic University of Nijmegen, the Netherlands.

## Book Information

Paperback: 104 pages

Publisher: Liturgical Press (January 1, 2003)

Language: English

ISBN-10: 0814628028

ISBN-13: 978-0814628027

Product Dimensions: 5.4 x 0.3 x 8.2 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (13 customer reviews)

Best Sellers Rank: #204,626 in Books (See Top 100 in Books) #39 in [Books > Christian Books & Bibles > Worship & Devotion > Monasticism & Asceticism](#) #282 in [Books > Christian Books & Bibles > Biographies > Saints](#) #1857 in [Books > Christian Books & Bibles > Catholicism](#)

## Customer Reviews

Wil Derkse's book on the Rule of Benedict for beginners is a wonderful introduction to this subject. The Rule of St. Benedict itself is a fairly short book, usually printed in fewer than 100 pages, with its 73 chapters of a few paragraphs in length at most. However, often a simple reading of the Rule leaves modern readers dis-satisfied; it is a rule in many ways of and for a different world, just as the biblical texts can be so characterised. However, it is also, like the Bible, a text that speaks to us today, and has application and inspiration for modern followers. Benedict's Rule for life includes worship, work, study, prayer, and relaxation. Benedict's Rule requires community -- even for those who become hermits or solitaries, there is a link to the community through worship and through the Rule. No one is alone. This is an important part of the relationship of God to the world, so it is an integral part of the Rule. Benedict's Rule was set out first in a world that was torn with warfare, economic and political upheaval, and a generally harsh physical environment. This Rule was set out to bring order to a general chaos in which people lived. This is still true today, and men and women all over the world use Benedict's 'little rule for beginners' as a basic structure for their lives. The first word of the rule is Listen. This is perhaps the best advice for anyone looking for any guidance or rule of life. While Benedict's Rule is decidedly Christocentric and hierarchical (though not as hierarchical as much popular ideas about monastic practice would have one think), it nonetheless can give value to any reader who is looking to construct a practice for oneself. Benedict's establishment of a monastery was in fact the establishment of a school for spirituality.

[Download to continue reading...](#)

The Rule Of Benedict For Beginners: Spirituality for Daily Life The Rule of Benedict: A Spirituality for the 21st Century (Spiritual Legacy Series) Wisdom Distilled from the Daily: Living the Rule of St. Benedict Today The Extraordinary Education of Nicholas Benedict (The Mysterious Benedict Society) A Critical Study of the Rule of Benedict: Volume 2 (Theology and Faith) Saint Benedict's Rule Strangers to the City: Reflections on the Beliefs and Values of the Rule of Saint Benedict (Voices from the Monastery) The Rule of St. Benedict RB 1980: The Rule of St. Benedict in English Quaker Spirituality: Selected Writings (Classics of Western Spirituality) Mother Earth Spirituality:

Native American Paths to Healing Ourselves and Our World (Religion and Spirituality) Gay  
Spirituality: The Role of Gay Identity in the Transformation of Human Consciousness (White Crane  
Spirituality Series) Spirituality In Nursing: Standing on Holy Ground (O'Brien, Spirituality in Nursing)  
Spirituality In Nursing: Standing On Holy Ground (O'Brien, Spirituality in Nursing) Emotionally  
Healthy Spirituality Day by Day: A 40-Day Journey with the Daily Office Rag Quilting for Beginners:  
How-to quilting book with 11 easy rag quilting patterns for beginners, #2 in the Quilting for  
Beginners series (Volume 2) Day Trading: 3 Manuscripts Penny Stocks Beginners, Options Trading  
Beginners, Forex Beginners (Trading, Stocks, Day Trading, Options Trading) Valiant Ambition:  
George Washington, Benedict Arnold, and the Fate of the American Revolution The Holy Twins:  
Benedict and Scholastica God Is Love (Deus Caritas Est) (Benedict XVI)

[Dmca](#)